



### **VA** Health and Dental Care for Veterans of **Operations Enduring &** Iraqi Freedom



#### Veterans of Operations Enduring & Iraqi Freedom

VA provides enhanced enrollment opportunity and five years of cost-free health care to veterans who served in a theater of combat operations, for any injury or illness associated with this service





#### **Application Process**



- Identify VA medical center for visit to primary care
- Complete VA Form 10-10EZ
- Submit 10-10EZ to VA Enrollment Specialist at end of presentation
- Additional Questions:
  - Call 1-877-222-VETS (8387) or
  - Visit www.va.gov





Section I
General Information
Complete
Parts
1 -7 and 9- 11G

Select
Block 13
VA medical facility
to receive care

VA Form 10-10 EZ

Department of Veterans Affairs	APPLICAT	ION FOR HEALTH B	ENEFITS	
SECTION	ON I - GENERAL INFORMA	TION		
Federal law provides criminal penalties, including a or making a materially false statement. (See 18 U.S.O.	C. 1001)		ealing a material fact	
1. VETERANS (VAN) Nact, Prox. Middle Name)	2. OTHER TEST USED	3. MOTHER CON NAME	4. GENOP	
U YES U NO AM RICAN I DAY		formation is required for estatetical purposes of  BLACK OR AFRICAN AMERICAN  HATIVE HAWALIAN OR OTHER PACIFIC		
7. SOCIAL SOCIETY MINDER S. DATE OF BITTH (MINISH		10.1	RELIGION	
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11. PERMANENTO CO (Brend)	EPHONE HUMBER (Include area on		O	
11G. CELLULAR TELEPHONE HUMBER (Reducts ones code)		TR. (Include area code)		
12. TYPE OF BENEFIT(S) APPLIED FOR (You may check more than one)				
13. IF APPLYING AND MEALTH SERVICES OR ENROLLMENT, WHICH VAINED IN		NURSING HOME DOMICILIARY	DENTAL	Block 12
14. DO YOU WANT AN APPOINTMENT WITH A VAIDOCTOR OR PROVIDER AS S		IS HAVE YOU BEEN SEEN AT A VA HEALTH O	ADE DANIETY	Medica
AVAILABLE?		_		\ <u> </u>
YES NO I am only enrolling in case I need care	in the future.	TES, LOCATION:	□ NO	Dental
	HEVER MARRIED SEPA		_	
17. NAME, ADDRESS AND RELATIONSHIP OF MEXT OF KIN		17A, NEXT OF KIN'S HOME TELEPHONE N	UMBER (Include area code)	
		178, NEXT OF KINS WORK TELEPHONE N	UMBER (Inchele area code)	
18. NAME, ACCRESS AND RELATIONSHIP OF EMERGENCY CONTACT		10A. EMERGENCY CONTACTS HOME TEL (Include area code)	EPHONE NUMBER	
		188. EMERGENCY CONTACTS WORK TO (Robate awar code)	LEPHONE NUMBER	
19. INDIVIDUAL TO RECEIVE POSSESSION OF YOUR PERSONAL PROPERTY L THIS DOES NOT CONSTITUTE A WILL OR TRANSFER OF TITLE (Check eve)	LEFT ON PREMISES UNDER VAICO		TIME OF BEATH, NOTE: EXT OF KIN	

VA POTEM 40-10EZ PAGE 1



## Section IV Complete Military Service Information

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APPLICATION FOR HE	ALTH BENEFITS, C	Conf	tinued	- 1	the state of the s			
SECTI	ON II - INSURANCE INF	ORM			separate sheet for additional information)			
ARE YOU COVERED BY HEALTH INSU dirough a spouse or avoider person)	RANCE? (Including coverage YES NO		2. HEALT	TH INSUR	ANDE COMPANY NAME, ADDRESS AND TELEPHONE NUMBER			
3. NAME OF POLICY HOLDER								
4. POLICY NUMBER	5. GROUP CODE							
			YES	NO				
6. ARE YOU ELIGIBLE FOR MEDICAID?								
7. ARE YOU ENROLLED IN MEDICARE HOL	SPITAL INSURANCE PART A?				ZA. EFFECTIVE DATE (mm/dd/)9999)			
0. ARE YOU ENROLLED IN MEDICARE HOS	SPITAL INSURANCE PART 0?				GA. EFFECTIVE DATE (new/dd/yyyy)			
9. NAME EXACTLY AS IT APPEARS ON YO	OUR MEDICARE CARD				10. MEDICARE CLAIM NUMBER			
11. IS NEED FOR CARE DUE TO ON THE J	IOS INJURY? (Check one)	) ve	:s 🗆	но	12. IS NEED FOR CARE DUE TO ACCIDENT? (Clinck (Any))	YES		но
	SECT	ION	III - EMP	LOYM	ENT INFORMATION			
Hamplaned or retired	ME NOT EMPLOYED  ME RETRED L		f retirem (44)000)	ent				
If employed or retired,	ME NOTEMPLOYED	hate o	f retirem 44'000)	ent	2A. COMPANY NAME, ADDRESS AND TELEPHONE NUMBER			
				VRY 8E	RVICE INFORMATION			
LAST BEANCH OF SERVICE	1A CAST E	RY	DATE	10.1	T DISCHARGE DATE 10. DISCHARGE TYPE 1D. MI	LITARYSE	RVICE N	UNBER
2. CHECK YES OR NO			YES	NO			YES	NO
A. ARE YOU A PURPLE HEART AWARD RE	ICIPIENT?	/			ARE YOU RECEIVING DISABILITY RETIREMENT PAY INST VALCOMPENSATION?	TEAD OF		
B. ARE YOU A FORMER PRISONER OF WA	AR?	Γ			F. TO YOU HEED CARE OF CONDITIONS POTENTIALLY RELA SELECTION IN SWASIA DURING THE GULF WAR?	OT 0		
C. DO YOU HAVE A VA SERVICE-CONNEC	TED RATING?				G. V CRE YOU EXPOSED TO AGENT GRANGE WHILE SERVIN	N IN		
C1. IF YES, WHAT IS YOUR RATED PERCE	NTAGE?	96			H. WERE YOU EXPOSED TO RADIATION WHILE IN THE MILITA			
D. DID YOU SERVE IN COMBAT AFTER 11.	11119907				I. D YOU RECEIVE HOSE AND THROAT RADIUM TREATME! WILE IN THE MILITARY?	DATES .		
E. WAS YOUR DISCHARGE FROM MILITAR OR AGGRAVATED IN THE LINE OF DUTY?	RY FOR A DISABILITY INCURRED ?	D			. DO YOU HAVE A SPINAL CORD INJURY?			
	BECTION V - PAPERWO	RKE	REDUCT	nom Al	CT AND PRIVACY ACT INFORMATION			

The Paperwork Reduction Act of 1995 requires us to notify you that this information collection is in accordance with the clearance requirements of Section 3507 of the Paperwork Reduction Act of 1995. We may not conduct or sponsor, and you are not required to respond to, a collection of information unless it displays a valid OMB number. We anticipate that the time expended by all individuals who must complete this form will average 45 minutes. This includes the time it will take to read instructions, gather the necessary facts and fill out the form.

Privacy Act Information: VA is asking you to provide the information on this form under 38 U.S.C. Sections 1705, 1710, 1712, and 1722 in order for VA to determine your eligibility for medical benefits. Information you supply may be verified through a computer-matching program. VA may disclose the information that you put on the form as permitted by law. VA may make a "routine use" disclosure of the information as outlined in the Privacy Act systems of records notices and in accordance with the VHA Notice of Privacy Practices. You do not have to provide the information to VA, but if you don't, VA may be unable to process your request and serve your medical needs. Failure to furnish the information will not have any affect on any other benefits to which you may be entitled. If you provide VA your Social Security Number, VA will use it to administer your VA benefits. VA may also use this information to identify veterans and persons claiming or receiving VA benefits and their records, and for other purposes authorized or required by law.

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Section VI
Financial Disclosure



Section XII
Assignment of
Benefits
Sign and Date

#### SOCIAL SECURITY NUMBER VETERAN'S NAME (Last First MOSS) APPLICATION FOR HEALTH BENEFITS, Continued SECTION VI - FINANCIAL DISCLOSURE Disclosure allows VA to accurately determine whether certain veterans will be charged copayments for care and medications, their eligibility for other services and sentilinear priority. Veterans are not required to disclose their financial information, however, VA is not currently enrolling new applicants who decline to provide their financial information unless they have a special eligibility factor. Recent combat veterans (e.g. OEF/OIF) who were discharged within the past 5 years or were discharged more than 5 years ago and applying for enrollment by Jan. 27, 2011 are eligible for enrollment without disclosing their financial information but like other veterans may provide it to establish their aligibility for travel information, cost-free medication and or medical care for services unrelated to military expectation. NI I do not wish to provide financial information in Sections VII through X. I understand that VA is not surelling new applicants who do not polytide this information and who do not have a special eligibility factor (e.g., recently discharged combat veteran, compensable service connection, esceipt of VA pension or Medicaid benefits.) If I am enrolled, I agree to pay applicable VA copayments. Sign and date the form in Section XII. Yes, I will provide my household financial information for last calendar year. Complete applicable sections VII through X. Sign and date the SECTION VII - DEPENDENT INFORMATION (Use a separate sheet for additional dependents) 1. SPOUSE'S NAME (Last, First, Middle Name, 1A, SPOUSE'S HADEN NAME IA. CHILD'S RELATIONSHIP TO YOU (Clinick over Son Daughter Stepdaughter 18. SPOUSE'S SOCIAL SECURITY NUMB IC. SPOUSE'S DATE OF BIRTH (knowledfywy 2D. CHILD'S DATE OF BIRTH (back/dd/www 1E. SPOUSE'S ADDRESS AND TELEPHONE NUMBER (Street, City, State, 227) 25. WAS CHILD PERMANENTLY AND TOTALLY DISABLED BEFORE THE AGE OF 162 YES NO 2F. IF CHILD IS BETWEEN 10 AND 23 YEARS OF AGE, DID CHILD ATTEND SCHOOL LAST YES NO If your spouse or dependent onld did not live with you last year enter the amount you contributed to their support. 2G. EXPENSES PAID BY YOUR DEPENDENT CHILD FOR COLLEGE, VOCATIONAL REHABILITATION OR TRAINING (e.g., duttion, books, materials) SECTION VIII - PREVIOUS CALENDAR YEAR GROSS ANNUAL INCOME OF VETERAN, SPOUSE AND DEPENDENT CHILDREN (Use a separate sheet for additional dependents) VETERAN **SPOUSE** CHILD 1 GROSS ANNUAL INCOME FROM EMPLOYMENT (Magnet, Borestee, Ajat, ed.) EXCLUDING INCOME FROM YOUR FARM, RANCH, PROPERTY OR BUSINESS. 2. NET INCOME FROM YOUR FARM, RANCH, PROPERTY OR BUSINESS 3. LIST OTHER INCOME AMOUNTS (eg., Social Security, compensation, penalos Interest, dividends). EXCLUDING WELFARE. SECTION IX - PREVIOUS CALENDAR YEAR DEDUCTIBLE EXPENSES 1. TOTAL NOW-REJUBLISED MEDICAL EXPENSES PAID BY YOU OR YOUR SPOUSE (e.g., payments for dectors, destina, medications, Medicare, health transmos, hospital and nursing home) VA will calculate a deductible and the net medical expenses you may claim. 2. AMOUNT YOU PAID LAST CALENDAR YEAR FOR FUNERAL AND BURIAL EXPENSES FOR YOUR DECEASED SPOUSE OR DEPENDENT CHILD (Also AMOUNT YOU PAID LAST CALENDAR YEAR FOR FUNERAL AND BURIAL EXPENSES FOR YOUR DECEASED SPOUSE OR DEPENDENT CHILD (Also AMOUNT YOUR DECEASED SPOUSE OR DECEASED SPOUSE OR DEPENDENT CHILD (Also AMOUNT YOUR DECEASED SPOUSE OR DECEASE spouse or child's information in Section VII.) 3. AMOUNT YOU PAID LAST CALENDAR YEAR FOR YOUR COLLEGE OR VOCATIONAL EQUIDATIONAL EXPENSES (e.g., \$180m, \$cols, first, materials) Do NOT LIST YOUR DEPANDENTS: EDUCATIONAL EXPENSES. SECTION X - PREVIOUS CALENDAR YEAR NET WORTH (Use a separate sheet for add WETERAN SPOUSE CHILD 1 CASH, AMOUNT IN BANK ACCOUNTS (e.g., checking and ravings: accounts, certificates of deposit; individual retirement accounts, stocks and hands! 2. MARKET VALUE OF LAND AND BUILDINGS MINUS MORTGAGES AND LIENS. (e.g., around horner and non-income analycine answerts. Do not count your primary home.) VALUE OF OTHER PROPERTY OR ASSETS (e.g., art reverselve, collectable) MINUS THE ABOUNT YOU ONE ON THISE ITEMS. INCLUDE VALUE OF FARM, RANCH OR BUSINESS ASSETS. Exclude Assabled aging and plants. SECTION XI - CONSENT TO COPAYMENTS If you are a 6% SC veteran and do not receive VA monetary benefits or a NSC veteran (and you are not a Former POW, Purple Heart Recipient or VA pensioner) and your boushold income (or combined income and net worth) exceeds the established threshold, this application will be considered for furnilment, but only if you agree to pay VA coparyments for treatment of your NSC conditions. If you are such a veteran by signing this application you are agreeing to pay the applicable VA copayments as required by law. SECTION XII - ASSIGNMENT OF BENEFITS I understand that pursuant to 38 U.S.C. Section 1726, VA is authorized to recover or collect from my health plan (HP) for the reasonable charges of nonservice-connected VA medical care or services furnished or provided to me. I hereby authorize payment directly to VA from any HP under which I am covered (inclining converage provided under my spouse's HP) that is responsible for payment of the charges for my medical care, including benefits otherwise payable to me or my apour.

SKHATURE OF APPLICANT

ARRICANTS MUST SIGN AND DATE THIS FORM, REFER TO INSTRUCTIONS WHICH DEFINE WHO CAN SIGN ON BEHALF OF THE VETERAN.

VA FORM 10-10EZ PAGE 3

#### DD Form 214

Review
This
Form
Carefully



4.a GRADE, RATE, OR RANK 4.b PAY GRADE 5. DATE OF BIRTH (YYYYMMDD) 7.a PLACE OF ENTRY INTO ACTIVE DUTY 7.b HOME OF RECORD AT TIME OF ENTRY ICITY and state, or complete address if known) 7.b HOME OF RECORD AT TIME OF ENTRY ICITY and state, or complete address if known) 8.a LAST DUTY ASSIGNMENT AND MAJOR COMMAND 8.b STATION WHERE SEPARATED 10. SGLI COVERAGE 11. PRIMARY SPECIALTY (LIST mumber, title and years and months in specially numbers and states involving periods of one or more years.) 11. PRIMARY SPECIALTY (LIST mumber, title and years and months in specially numbers and states involving 12. RECORD OF SERVICE 13. Date entered AD This Period 15. Date entered AD This Period 16. Net Active Service This Period 17. Total Prior Active Service 18. Total Prior Active Service 19. Total Prior Active Service 19. Total Prior Active Service 19. Total Prior Active Service 11. Foreign Service 12. DAYS ACCRUED LEAVE PAIN VERMANS SERVICES AND THEATMENT WITHIN 90 DAYS PROOF TO SEPARATION 11. SERMANKS 11. SERMANKS 11. SERVICE (Include approaches and) 12. CHARACTER OF SERVICE (Include approaches and) 12. CHARACTER OF SERVICE (Include approaches) 13. CHARACTER OF SERVICE (Include approaches) 14. CHARACTER OF SERVICE (Include approaches) 15. SEPARATION AUTHORITY 16. SEPARATION CODE 17. REENTRY CODE	1. NAME (Last, First, Middle)  2. DEPARTMENT, COMPONENT AND BRANCH  3. AGRADE, RATE, OR RANK  4. B PAY GRADE  5. DATE OF BIRTH (YYYYMMDD)  6. RESERVE Year  7. B PLACE OF ENTRY INTO ACTIVE DUTY  7. B HOME OF RECORD AT TIME OF ENTRY (City address if Anown)  8. B LAST DUTY ASSIGNMENT AND MAJOR COMMAND  8. B STATION WHERE SEPARATED  10. SGLI COMMAND TO WHICH TRANSFERRED  11. PRIMARY SPECIALTY (List number, title and years and months in specialty, List additional specialty numbers and titles involving periods of one or more years.)  12. RECORD OF SERVICE  4. Date entered AD This Period C. Net Active Service This Period C. Net Active Service This Period C. Net Active Service This Period C. Total Prior Active Service  9. Total Prior Inactive Service  13. DECORATIONS. MEDALS, BADGES, CITATIONS AND CAMPAIGN RIBBONS AWARDED OR AUTHORIZED (All periods of the Company of Company o	E OBLIG. TERM. DATE  Month Day  and state, or complete  OVERAGE None  I: \$  Month(s) Day(s)  of service/
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## What happens after I submit my enrollment application form to VA?

- You will receive a letter in the mail from VA approximately 2-3 weeks after you are discharged from service.
- This letter will tell you that you have been enrolled into VA health care at the facility you selected on your enrollment form. It will also tell you how to access medical care at that facility.
- If you need routine health care before you receive your enrollment letter, you will receive today a <u>Watermark Letter</u> to show VA staff at the VA Medical Center. You may contact the OEF/OIF Program Manager at the VA Medical Center you selected who will help you with an appointment. If you don't know the phone number of the Medical Center, dial:

1-877-222-8387

Please remember to bring your DD214 with you when you first report to the VA medical center. However, VA will take care of you for your urgent condition immediately even without your DD214.



#### **Medical Benefits Plan**

- Screening exams for: Depression, Substance Abuse, PTSD, Military Sexual Trauma, TBI
- Preventive Care Services
- Inpatient and Outpatient Treatment
- Prescription Services
- Women's Health Program



#### **Dental Care**



# Cost free one time treatment of dental conditions for recently separated veterans who

- ✓ served for 90 days or more,
- ✓ apply within 180 days of separation, and
- ✓ DD214 does not indicate necessary dental care was provided within 90 days of release or

discharge



#### Women Veteran Programs

- Women veterans may receive
  - full continuum of medical benefits package
  - women's family planning and birth control, genderspecific health care, e.g. hormone replacement therapy, breast and GYN care, maternity, limited infertility
  - Special considerations
    - Each facility has a Women Veterans Program Manager
    - Women's Trauma Recovery Program (Palo Alto) inpatient post traumatic stress disorder (PTSD) and military sexual trauma (MST) treatment
    - VA researchers also conduct studies on women's health
    - Women's Benefits Coordinator available for disability benefits



#### VA Treatment of Non-Combat Related Conditions

\*\* Veterans Who Experience
Non-Service Connected
Illness/Injuries Post Deployment
may be charged a co-pay at VA
for treatment of these conditions
ie: flu, colds, auto accident



# HelpYour Buddy

# VA's National Suicide Hotline Resource 1-800-273-TALK (8255)



#### **GI Bill Information**

GI Bill Website:

http://www.gibill.va.gov/

How To Apply For Benefits:

http://www.gibill.va.gov/apply-for-benefits/application/

Education Benefits Questions:

1-888-442-4551





Welcome Home